

THE LORD'S SUPPER

LORD'S TABLE

Communion, often called "The Lord's Supper," or the "Table of the Lord" is a memorial in which Christians identify with the crucifixion of Jesus Christ (1 Corinthians 10:16, 11:20). It's a time for believers to remember the Lord's broken body and His shed blood for all people till He returns again (Luke 22:19-20, 1 Corinthians 11:26).

ONE OF THE ORDINANCES OF THE CHURCH

Jesus Christ instituted communion on the eve of His death when He ate the Passover meal with His disciples (Matthew 26:26-29; Mark 14:22-25; Luke 22:14-20; 1 Corinthians 11:23-25).

MEANING AND SYMBOLISM OF COMMUNION

Unleavened bread and wine were served for the Lord's Supper. The bread represents Christ's body, which He gave for us as He died for the sins of humanity. The cup of wine represents His blood, which was shed for us as He paid for our sins (John 10:17-18; Ephesians 1:7; Romans 5:8-9).

ESSENTIALS FOR OBSERVING COMMUNION

Anyone who participates in the Lord's Supper must first be a believer. Jesus commanded His disciples to observe communion (Matthew 26:26, 27). A person must have placed his or her faith in Jesus Christ for salvation before taking part in communion.

In addition to being believers, we must prepare our hearts to participate in the Lord's Supper. Paul instructed believers not to "eat this bread or drink this cup of the Lord in an unworthy manner..." (1 Corinthians 11:27). This involves examining our lives for any

unconfessed sin; with particular attention to our relationship to His Body, the church. Paul reminds us, "Let a man examine himself" (1 Corinthians 11:28, 29) to avoid bringing judgment upon ourselves. As fellowship with God is restored through confessing our sins (1 John 1:9), we may then participate in the Lord's Supper in a worthy manner. **WHO CAN COME TO THE LORD'S TABLE?**

The Lord's Table is for all believers. If you are visiting or this is your first time at RMCC and you are a believer, you are invited to partake of the Lord's Table.

WHEN IS THE LORD'S TABLE SERVED?

At RMCC, we have chosen to come to the Table of the Lord at least the first Sunday of each month.

We also enjoy including communion at others times including Believer's Services, in home fellowships, during retreats and camps, special services, even as part of smaller prayer meetings. We love to frequently take opportunity to joyfully gather at His Table to remember Him.